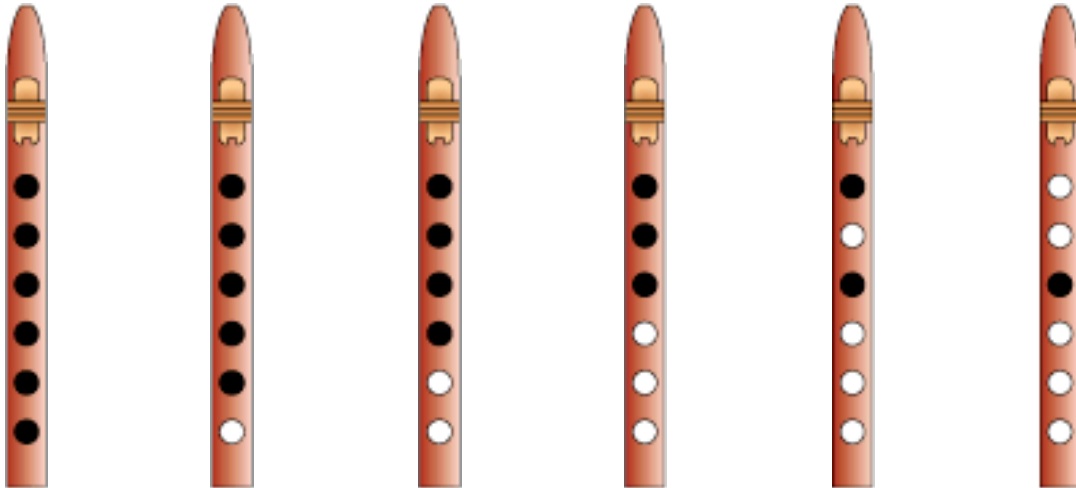


BASIC NAF INSTRUCTIONS

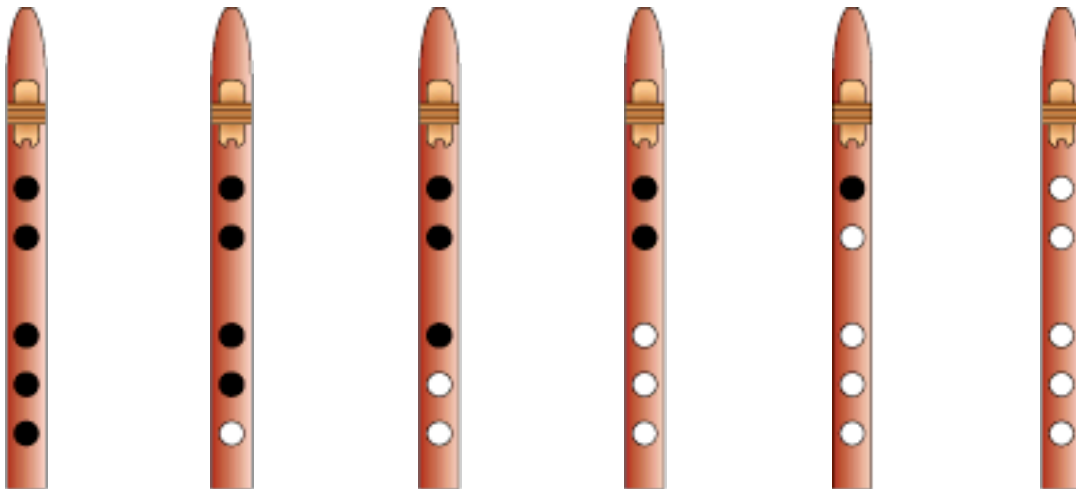
How to play a minor pentatonic flute ?

Assuming your flute has six holes and is tuned to mode 1, you'll get the first note with all holes closed, and the next ones lifting fingers successively, from the bottom to the top, keeping the fourth hole (from the bottom) closed:



(If your flute is tuned to the mode 4 also, and you want to try it, do the same, but keep the third hole closed instead of the fourth).

Five hole flutes work the same way, except you don't have to keep any hole covered:



To improve yourself, try to go up the scale, then down the scale, slowly, several times during 10 minutes, trying to feel the holes rather than looking at them. Repeat the exercise as much as you want during a week, and when you feel more comfortable, try to play the notes in a different order, creating your own melodies... The journey has just begun...

What can I do after playing?

Take off the totem, and blow shortly (but hardly) in the mouth hole, to remove the moisture drops from the SAC (the slowing air chamber), and clean the sound holes, flue and totem bottom with a clean cloth. After that, let your flute dry without the totem until the next stage.

What can I do to take care of my flute ?

First, let us explain what you can't do:

Your flute is made of wood (or, why not, cane or bamboo...), so avoid everything that could affect it:

Water, moisture, heat, or too big temperature changes...

So don't play in your bath or in the rain, don't leave the flute in the sun or in a hot car,

don't put it in an oven (even if you've wetted it with the rain),

don't play your flute outside if it's too cold

(your flute could split, and anyhow your fingers would be too frozen to play...),

don't let it near the ground (dogs and children like to play with sticks...),

and don't knock somebody's head with...

What you can do is simple:

If your flute seems to dry, too dull, it needs some oil, so take the time, twice a year, to give it some good, very pure oil (we recommend baby oil, or some beeswax)

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